

One YOGA HOLIDAY WEEK

Yoga Holiday Week



The Yoga Holiday Week consists of:

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| <ul style="list-style-type: none"> • 5 yoga group sessions, 1h each, all levels | <ul style="list-style-type: none"> • 7 Overnight stays in one of our bungalows in typical Balinese style |
| <ul style="list-style-type: none"> • 5 evening meditation group sessions, 20mins each | <ul style="list-style-type: none"> • Round-trip airport transfer |
| <ul style="list-style-type: none"> • 1 Day of silence | <ul style="list-style-type: none"> • Water, a choice of tea and Balinese coffee are included during the meals |
| <ul style="list-style-type: none"> • Temple visit of Ponjok Batu (temple donation not included) | <ul style="list-style-type: none"> • Welcome drink |
| <ul style="list-style-type: none"> • Balinese/Indonesian cooking class including market visit | |

Single Room	PER PERSON	
Full board	879,00 EUR	1,022.28 USD *
Half board	772,00 EUR	897.84 USD *
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Double Room	PER PERSON	
Full board	637,00 EUR	740.83 USD *
Half board	575,00 EUR	668.73 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Two YOGA & WELLNESS PACKAGE

Yoga & Wellness Package

The Yoga & Wellness package consists of:

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| <ul style="list-style-type: none"> • 5 yoga group sessions, 1h each, all levels | <ul style="list-style-type: none"> • 7 Overnight stays in one of our bungalows in typical Balinese style |
| <ul style="list-style-type: none"> • 7 massages (6 one-hour and 1 two-hour massage), freely selectable | <ul style="list-style-type: none"> • Airport pick-up and transfer |
| <ul style="list-style-type: none"> • 5 evening meditation group sessions, 20mins each | <ul style="list-style-type: none"> • Water, a choice of tea and Balinese coffee are included during the meals |
| | <ul style="list-style-type: none"> • Welcome drink |

Single Room	PER PERSON	
Full board	999,00 EUR	1,162.44 USD *
Half board	933,00 EUR	1,085.64 USD *
Double Room	PER PERSON	
Full board	805,00 EUR	936.70 USD *
Half board	739,00 EUR	859.90 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Three WELLNESS WEEK

Wellness Week

A Wellness week consists of:

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| <ul style="list-style-type: none"> • 7 Massages (6 one-hour and 1 two-hour massage), freely selectable | <ul style="list-style-type: none"> • Water, a choice of tea and Balinese coffee are included during the meals. |
| <ul style="list-style-type: none"> • 7 Overnight stays in one of our bungalows in typical Balinese style | <ul style="list-style-type: none"> • Welcome drink |
| <ul style="list-style-type: none"> • Airport pick-up and transfer | <ul style="list-style-type: none"> • By request: Evening meditation group sessions, 20mins each |

Single Room	PER PERSON	
Full board	895,00 EUR	1,041.42 USD *
Half board	829,00 EUR	964.62 USD *
Double Room	PER PERSON	
Full board	700,00 EUR	814.52 USD *
Half board	634,00 EUR	737.72 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Four YOGA HOLIDAY EXTENSION WEEK

Yoga Holiday *Extension* Week

An extension of a Yoga Holiday Week consists of:

- 5 Yoga group sessions, 1h each, all levels
- 5 evening meditation group sessions, 20mins each
- 1 Day of silence
- 7 Overnight stays in one of our bungalows in typical Balinese style
- Water, a choice of tea and Balinese coffee are included during the meals

Single Room		PER PERSON
Full board	696,00 EUR	868.76 USD *
Half board	590,00 EUR	744.32 USD *
Double Room		PER PERSON
Full board	535,00 EUR	664.07 USD *
Half board	473,00 EUR	591.97 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Five YOGA & WELLNESS PACKAGE EXTENSION WEEK

Yoga & Wellness Package *Extension Week*

An extension week of a Yoga & Wellness Package consists of:

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|---|--|
| <ul style="list-style-type: none"> • 5 Yoga group sessions, 1h each, all levels | <ul style="list-style-type: none"> • 7 Overnight stays in one of our bungalows in typical Balinese style |
| <ul style="list-style-type: none"> • 7 Massages (6 one-hour and 1 two-hour massage), freely selectable | <ul style="list-style-type: none"> • Water, a choice of tea and Balinese coffee are included during the meals |
| <ul style="list-style-type: none"> • 5 Evening meditation group sessions, 20mins each | |

Single Room	PER PERSON	
Full board	867,00 EUR	1,008.84 USD *
Half board	801,00 EUR	932.04 USD *
Double Room	PER PERSON	
Full Board	739,00 EUR	859.90 USD *
Half board	673,00 EUR	783.10 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Six WELLNESS WEEK EXTENSION

Wellness Week *Extension*

An extension of the wellness week includes:

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| <ul style="list-style-type: none"> • 7 Massages (6 one-hour and 1 two-hour massage), freely selectable | <ul style="list-style-type: none"> • Water, a choice of tea and Balinese coffee are included during the meals |
| <ul style="list-style-type: none"> • 7 Overnight stays in one of our bungalows in typical Balinese style | <ul style="list-style-type: none"> • By request: Evening meditation group sessions, 20mins each |

Single Room	PER PERSON	
Full board	763,00 EUR	887.83 USD *
Half board	697,00 EUR	811.03 USD *
Double Room	PER PERSON	
Full board	634,00 EUR	737.72 USD *
Half board	568,00 EUR	660.92 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Seven ROOMS

Rooms

Comfortable bungalows in a tropical garden by the sea. Rates per person, per night.

Single room, full board	88,00 EUR	102.40 USD *
Single room, half board	78,00 EUR	90.76 USD *
Double room, full board	68,00 EUR	79.12 USD *
Double room, half board	58,00 EUR	67.49 USD *

* Exchange rates may vary.

Full board: 3 meals buffet style / Half board: breakfast, lunch or dinner.

Water, a choice of tea and Balinese coffee are included during the meals.

Children aged 3 to 12 pay half the price for a double room. Overnight stays for children aged 0–2 are free.

Eight SPA & WELLNESS

Spa & Wellness

Treatments by appointment.

1-hour treatment	25,00 EUR	29.09 USD *
· Aromatherapy		
· Balinese Massage		
· Lomi-Lomi		
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2-hour treatments	42,00 EUR	48.87 USD *
· Ayurveda		
· Mandi Lulur		
· Mandi Rempah		
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Wellness treatment	22,00 EUR	25.60 USD *
· Facial		
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Manicure, pedicure, head & hair treatment	20,00 EUR	23.27 USD *

* Exchange rates may vary.

Nine YOGA, DOLPHIN TRIP & AIRPORT-TRANSFER

Yoga, Dolphin Trip & Airport-Transfer

1 hour yoga group session Per person	22,00 EUR	25.60 USD *
Dolphin Tour Sunrise- and Dolphin trip with traditional fishing boat, about 2 hours. Per person (2 people per boat). The single trip costs 36,00 EUR / 41.89 USD *.	18,00 EUR	20.94 USD *
Airport transfer until 6 pm Per vehicle, one way. Journey approximately 3 hours.	66,00 EUR	76.80 USD *
Airport transfer after 6 pm Per vehicle, one way. Includes nighttime surcharge.	77,00 EUR	89.60 USD *

Please note

- All prices and services include 10% tax (Indonesia Government Tax).
 - Payments by credit card will be charged an additional 2.5% fee.
 - 3-day minimum stay.
 - Check-in time from 2 pm on, check-out time until 11 am.
 - Changes and errors excepted.
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* Exchange rates may vary.
